

*Una manera de hacer Europa*



# BUENAS PRÁCTICAS

## Actuaciones Cofinanciadas

Rehabilitation of the Palau de Marianao to house the training centre and promotion of projects related to mental health. EDUSI CAPACI[U]TAT

Sant Boi de Llobregat City Council

**Programa Operativo  
Plurirregional de España**

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**Fondo Europeo de Desarrollo Regional**

**GOOD PRACTICE ISUD STRATEGY CAPACITAT  
CITY COUNCIL OF SANT BOI DE LLOBREGAT**

**REHABILITATION OF THE PALAU DE MARIANAO TO HOUSE THE CENTRE FOR TRAINING  
AND PROMOTION OF PROJECTS RELATED TO MENTAL HEALTH**

The **Good Practice** has consisted on the **Rehabilitation of the Palau de Marianao to house the training centre and promotion of projects related to mental health**, specifically the actions included in the actions **from HEALTHY NODE operation**, and AIR EVIDENCE, of Thematic Objective 6: Preserve and protect the environment and promote resource efficiency.

The Palau de Marianao is a listed building that is part of the Local Historical Architectural Heritage. The building consists of 4 blocks, of different heights, and two towers stand out. It is a castle palace, promoted and built by the Marquis of Marianao in 1880. The City Council acquired it in the 80s.

For almost three decades it was transferred to the Ministry of Justice and Interior, and functioned as the headquarters of the Courts, until 2007, and of the Passport and ID Office of the National Police, until 2016, when they were relocated to the city centre. From then on, the City Council and the Acció agency of the Generalitat of Catalonia promoted the creation of the Mental Health Cluster, focusing most of its activity on the Palau de Marianao.

The rehabilitation has restored the facade and roof of the wing where the National Police was located, doing these actions: the reinforcement of the structure, the provision of supply infrastructure, the opening of multipurpose spaces and the collaborative design of the future use plan of the centre training and promotion of projects related to mental health.

The executions have been made in three successive phases of projects, the surface enabled for teaching, research and training activities has been expanded, recovering the construction elements, partially some already very degraded and returning the splendour of other times, both to aesthetic, heritage and functional level. The energy efficiency of the building has been done improving the facades and existing carpentry as a passive measure, and new alternative energy sources for self-consumption have been installed as an active measure.

**The operation has had a total cost of €2,200,000.00 and the ERDF aid has been €1,100,000.00 of the total.**

This operation has an impact on the city of Sant Boi de Llobregat with 84,584 people, and specifically on the Marianao neighbourhood, which has 32,224 inhabitants.

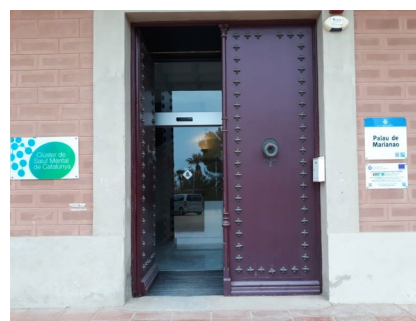
The criteria for the identification and selection of this Good Practice are the following:

### 1. THE ACTION HAS BEEN CONVENIENTLY DISSEMINATED AMONG THE BENEFICIARIES, POTENTIAL BENEFICIARIES AND THE GENERAL PUBLIC

Since its beginnings, there has been a wide dissemination of the Healthy-Node operation, an operation of which the Rehabilitation of the Palau de Marianao is a part, among the residents of the entire city. Its execution has also been publicised.

Regarding the **regulatory communication**, the announcement of the contracting procedure and all the administrative documentation of the file have been published on the website of the Contractor's Profile of the Generalitat of Catalonia and in the DOGC website (Official Bulletin of the Generalitat of Catalonia) in relation to the fact that the file forms part of the Capaci[u]tat project and which is 50% co-financed by the ERDF.

In relation to the actions of **communication to disseminate the activity**, during the rehabilitation, the temporary posters for each phase of the actions of this BP have been installed with its co-financing from the ERDF, and a permanent plaque on the main façade of the Palau, with reference to the Healthy Node and Air Evidence operations and the co-financing.



It has also been disseminated in the **Viure Sant Boi municipal magazine**, published by the Sant Boi de Llobregat City Council, with a circulation of 34,000 copies, it is **distributed** to all homes in the city and has its **electronic version** in the [City Hall website](#). Specifically, reference is made to the action co-financed with FEDER in these **editions**:



[Viure Sant Boi](#), June 2017, central pages 12 and 13. News of the receipt of European FEDER funds to develop the city strategy in the coming years that will allow the acceleration of projects of great importance and generate future opportunities for citizens.



[Viure Sant Boi](#), March 2019. Page 10. Planned action of Rehabilitation of the Palau de Marianao and on page 4, Rethinking values from health and sustainability.



Centrefold double page [Viure Sant Boi](#), June 2019, describes the 2018-2022 projects co-financed with ERDF: Rehabilitation of the Palau de Marianao.



Centrefold double page [Viure Sant Boi](#), September 2019, Rehabilitation of facades and roofs of the Palau de Marianao and future training centre and projects related to health.



The Rehabilitation of the Palau de Marianao has been communicated through the [website EDUSI Sant Boi](#) next to the emblem of the European Union and the motto "A way of making Europe" <https://edusi.santboi.cat>.



[agendaurbana.santboi.cat](http://agendaurbana.santboi.cat), Publication in paper and digital format of the Sant Boi de Llobregat Urban Agenda Action Plan. Pages 231 and 232. Strategic Action 21: Health, Palau Marianao specialisation.

On November 10, a 5-minute video is scheduled to be recorded that will relate the historical evolution of the building from its construction to this rehabilitation co-financed with ERDF. It will explain the notable historical events and uses that have taken place for more than a century, the location of the Mental Health Cluster with its activity, also being the headquarters of the International Center of Excellence in Mental Health and the transfer of municipal services related to health to the rehabilitated space. This video will be shown during the event [celebrating the 10th anniversary of the Mental Health Cluster](#) which will be held on November 30 and also during the public presentation of the results of this rehabilitation in the Palau de Marianao itself in December.

In mid-December, the public presentation of the results of the rehabilitation of the Palau de Marianao will take place to house the training centre and promotion of projects related to mental health to the citizens and the neighbourhood of Marianao.

## 2. THE ACTION INCORPORATES INNOVATIVE ELEMENTS

The main innovative elements of the rehabilitation of the Palau de Mariano have been the collaborative design of the use plan for the training centre and the promotion of health-related projects, contemplated for a facility of this magnitude. The design has been developed taking into account the users of the training centre, the people who belong to the Mental Health Cluster who work on the first floor and the staff of the different Health Services of the Sant Boi de Llobregat City Council who work on the renovated ground floor. As a result, the renovated ground floor now has open, multipurpose and digitised rooms.

The improvement of the building's energy efficiency and the installation of new alternative energy sources for self-consumption stand out as innovation.

The improvement of the facades made also contributes, that is, the thermally insulated envelope, and the replacement of the original old carpentry of the construction, all of these new conditions improving one letter in energy efficiency.

Another important element has been the interconnection of the building with the municipal fibre optic network, a fact that has made the digitalization of the facilities and sensorization possible. Through the installed sensors, all environmental conditions can be regulated through remote control, including the security systems of the building and its perimeter, which in this specific system is remotely guarded by the Local Police Security Service.

At the functional level, it is configured as an innovative action that encourages public-private collaboration, interrelating being the venue for university studies related to health, doing research on the same subjects and in patient treatments.

### **3. THE RESULTS OBTAINED WITH IT ADAPT TO THE ESTABLISHED OBJECTIVES**

The Park and the Palau de Marianao are included in the Catalog and Special Plan for the Protection and Rehabilitation of the Architectural Heritage of the Sant Boi City Council. For this reason, they required specialised rehabilitation in accordance with this condition.

Among the objectives of the Municipal Action Plan approved in February 2008, the rehabilitation of the facades of the Palau de Mariano was already included, but this proposal action only was defined focused on minimum and essential aspects of protection against progressive deterioration and security general of the building.

On the other hand, mental health institutions, for more than 200 years, have been an inseparable part of the history and present of the city; Therefore, the municipal government established as the axis of its policies, as a development strategy and as a symbol of identity and uniqueness, enhancing the visibility of the Mental Health Cluster already installed in the building for 10 years, and promoting research activity and innovation related to health, focusing most of these activities on the Palau de Marianao.

Therefore, it was necessary to continue with the structural, functional and energy rehabilitation of the equipment that had been done for some years, highlighting that the investments made in previous years, both in the Park that surrounds it and in the palace building amounted to about three millions of euros.

In this phase, co-financed with ERDF funds, the action at the Palau de Marianao to house the training centre and give impetus to projects related to mental health, has rehabilitated part of the building to concentrate all municipal services related to health and become the reference centre for the citizens of the city. Conceived with a broad health concept, training classrooms and multipurpose rooms have been set up to provide training in the field of health, social health and healthy eating, turning the facility into a centre specialised in social health training, innovation and

research, specialised in mental health. It is also a reference as a School of Health at the community level.

In addition to being the headquarters of the Mental Health Cluster, the Palau de Marianao is also established as the headquarters of the Centre of International Excellence in Mental Health (CEISAM), an incubator for new technology-based companies and a centre of innovation and technology in attention and care of people and digitalization.

Specifically, in this action 1,000 m<sup>2</sup> of the Palau de Marianao have been rehabilitated, including the D, G and H facades, the roof and ceilings, the ground floor, the envelope and the windows; The work for the false ceilings has been implemented; perimeter security has been applied; and has made the connection to the fibre optic network of municipal buildings.

To be executed in later phases, the project for the new photovoltaic panels has also been drawn up and the study has done for the glass cover of the interior patio.

This rehabilitation action has obtained the expected results and adapted to the objectives set in the operation.

#### **4. CONTRIBUTES TO THE RESOLUTION OF A REGIONAL PROBLEM OR WEAKNESS**

This municipally owned building is part of the local historical architectural heritage, as has been said, and when it became the headquarters of scientific-teaching activities in the field of health, it required significant remodelling to offer this type of services, which at the same time aim to promote local development and being one of the economic drivers of the municipality.

This rehabilitation was necessary to preserve the historic building of these characteristics and recover the original construction elements. But it is still necessary to continue with the comprehensive rehabilitation of the building which, due to its uniqueness and financing, will be done in a phased manner, coinciding with the different phases of the project.

The City Council's management team prioritised, already in 2009, the simultaneous drafting of the future uses program, as well as the execution of the corresponding prior technical work and the drafting of the executive project, for all the façades and roofs of the building. Due to the condition of the listed building, a prior chromatic study was made to determine the original colours and materials of the different elements to be restored and the state of the structure and the pathologies detected in the building, with the collaboration of the Technical Services of the

Metropolitan Area of Barcelona. Later in 2013, the building renovation project was drawn up to build the Centre of International Excellence for Mental Health of Catalonia (CEISAM).

In this current phase, co-financed with European funds, the façade and roof of the wing where the National Police was located has been restored, the structure has been reinforced, provided with supply infrastructure, multipurpose spaces have been opened and the use plan for the training centre has been designed and made the promotion of projects related to mental health.

In a second phase of execution, estimated before the end of 2025, giving continuity to the project and acting in another of the Palau de Marianao plants, companies and startups linked to the development of the health field will be installed.

Currently, the project is framed within the City Strategy 2030 and specifically in the missions of the Healthy City and the New economic model and decent work, as one of the projects to be developed to have a more extensive network of health resources and projects. strengthening public-private alliances so that it is a priority sector in job creation.

The facility is also home to university studies (nursing, mental health), research on the same subjects and patient treatments, where the interrelation of the three variables will allow for advances in treatments for the pathologies of these patients.

In this way, our city will have equipment that will offer a comprehensive overview and coverage of health.

## **5. IT HAS A HIGH DEGREE OF COVERAGE OF THE POPULATION TO WHICH IT IS AIMED**

The Palau de Marianao has always been an emblematic and present building for the entire population of Sant Boi since its construction. For several generations, the Park, together with the exterior of the Palau, has been the setting for photographic reports of the families' private events, and in recent decades, although already quite degraded, visited for official reasons by housing the Courts offices until the year 2007, and the Passport and ID Office of the National Police until 2016.

Sant Boi de Llobregat has 84,584 inhabitants, and specifically the Marianao neighbourhood has 32,224 registered people. The coverage is for the entire population, even if it is located in a specific neighbourhood to which it is named, since it is the historical heritage of the city. From



another point of view, the city of Sant Boi de Llobregat and its citizens have a great connection, for more than 200 years, with mental health, it is part of the history and present of the city. For this reason, it was opted for the rehabilitation of the equipment, to complement the investments made in the surroundings of the Park that surrounds the building.

One of the policies that established the municipal government as the axis was to promote and make visible the Mental Health Cluster of Catalonia. The institution was located in the Palau Marianao, in order to promote research and innovation activity related to health, focusing most of its activities in its facilities, now also being a training centre and promoter of health-related projects. Mental health benefits the entire population by having a more extensive network of health resources and projects centralised in this reference building.

## **6. THE HORIZONTAL CRITERIA OF EQUAL OPPORTUNITIES AND ENVIRONMENTAL SUSTAINABILITY HAVE BEEN TAKEN INTO ACCOUNT**

During the renovation of the Palau de Marianao, in the actions of operation HEALTHY NODE, the general principle of equality between men and women has been taken into account and has been applied generally in all areas, especially in professional life, education, access to health care, and all aspects related to health. A real gender perspective has been applied throughout the strategy process, with special attention to the existing gender gap. The communication strategy has also observed this principle, adopting a gender approach and using non-sexist language and images.

The principle of non-discrimination has continued to guarantee equal treatment between people regardless of nationality, sex, race or ethnic origin, religion or beliefs, disability, age or sexual orientation. Although it has been an operation aimed at improving the population as a whole, care has been taken not to discriminate against people or groups that could be excluded and vulnerable, especially since it is a building where the activity of research, innovation and training related to health, and in a specialised way, mental health.

This operation has also taken into account sustainable development, through the implementation of transversal measures related to environmental protection and efficiency in the use of resources. In this way, it has contributed to achieving greater efficiency in the use of resources, energy savings and minimization of the consumption of natural resources, to the decarbonization of the economy, to the mitigation and adaptation to climate change.

## **7. SYNERGIES WITH OTHER POLICIES OR PUBLIC INTERVENTION INSTRUMENTS**

It has had extensive citizen participation during the planning process of the strategy itself. It has had the specific participation of members of the Mental Health Cluster, the scientific and academic community, technology centres, companies and public and private institutions.

It is linked to the priorities of the 2016-2019 Government Plan of the Sant Boi de Llobregat City Council, the Strategic Plan of the [CSMC 2017-2020](#), from the Catalonia Cluster Program and from the European Cluster Excellence Initiative.

The HEALTHY NODE operation is aligned with the [City Pact](#), which was approved in the Plenary Session on July 30, 2020, for a social and economic boost in Sant Boi. The City Pact has four Transformation Levers as transversal axes in the policies of the coming years, the third being: the social, economic and environmental sustainability of the actions made, and the fourth: the assessment of the indispensable role of health and the so-called 'culture of care'.

These last two factors (sustainability and health) connect precisely with the city strategy that Sant Boi has been developing over recent years.

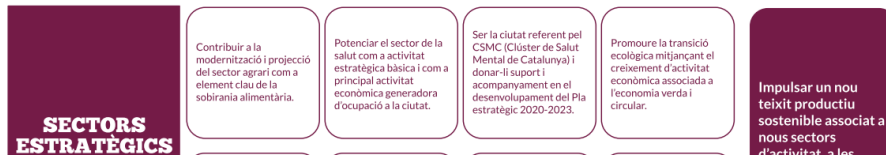
It is also aligned with the [Government plan 2019-2023 \(City Strategy 2030\)](#), in the area of Sustainable City – having an excellent city in air quality and being a reference in the fight against the climate emergency -, with several specific actions: Deepen the improvement of the energy efficiency of municipal buildings through the implementation of more remote measurement and energy remote control systems.



And regarding the Healthy City area: -ensure that the population enjoys healthier living conditions and a better perception of well-being., concretized with these actions: Make the Palau de Marianao the reference centre of the city to promote and integrate policies and actions that promote the vision of a healthy city, and Strengthen collaboration and the implementation of projects and initiatives with the Mental Health Cluster of Catalonia.



And with the New Economic and Decent Work Model: -move towards a new economic model that respects the environment and generates progress, decent work and opportunities for all.-, with this action: Be the reference city for the CSMC (Cluster of Mental Health of Catalonia) and provide support and accompaniment in the development of the 2020-2023 Strategic Plan.



Finally, also follow the lines present in the [Urban Agenda Action Plan](#), a roadmap that will strategically guide municipal policies in the coming years towards the United Nations SDGs. The document is linked to the Sant Boi 2030 City Strategy and aligned with the objectives of the 2030 Agenda and the urban agendas of Catalonia and Spain. It has three strategic axes, the second is Social and Economic Reactivation, the strategic axis is Sant Boi, an emerging city, with a specific strategic action for this project: Strategic action 21. Health: specialisation of the Palau de Marianao, with these 4 defined actions: Adaptation of the Palau de Marianao as a reference facility in the field of health, Strengthening of research and innovation projects of the Mental Health Cluster, Creation of the Sant Boi Health School, Santboiana Agrarian Cooperative and sustainable and healthy local food.

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## Actuaciones Cofinanciadas

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