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Rehabilitation of the Care Center for People with Serious Intellectual Disability "Guadiana I" in Ciudad Real Vice-Ministry for the Promotion of Autonomy and Attention to the Dependency of the Ministry of Social Welfare

Programa Operativo de Castilla la Mancha

Año 2019

Fondo Europeo de Desarrollo Regional

It is presented as Good Practice of the year 2019 of the Vice-Ministry for the Promotion of Autonomy and Attention to the Dependency of the Ministry of Social Welfare, the Rehabilitation of the Care Center for People with Serious Intellectual Disability "Guadiana I" in Ciudad Real.

The action presented consists on co-financing "Guadiana I" Care Center for Persons with Serious Intellectual Disability (CCSID) partial rehabilitation by ERDF. This center has been located since 1996 in Adorers old convent, a building that is well-known by all Ciudad Real people. It consists on two modules: houses, in which several residents coexist, and one annex, where classrooms, workshops, gym and physiotherapy service are located. The action has focused specifically on two houses rehabilitation (lower B and second B, in module I); both ot them have dining room, kitchen, four double bedrooms, one geriatric bathroom and two adapted bathrooms with showers.

The eligible cost has been € 190.109,40 with a € 152.087,52 contribution from the European Regional Development Fund (ERDF).

As a consequence of this action, it has been improved the work carried out by the center with two remodeled houses' residents and their relatives and, by extension, with 121 people who reside throughout the center.



This action is considered as Best Practice because:

1st. ERDF role in the action has been conveniently disseminated among the beneficiaries, potential beneficiaries and general public.



Minimum advertising requirements have been met so that the action is financed by European cohesion policy. Specifically, a plaque has been placed at building entrance informing about action co-financing by ERDF.

Apart from the above, Ministry of Social Welfare has given due information on the actions carried out on its European Funds website:





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In addition, the action has also been disseminated through the regional digital press::

https://www.lanzadigital.com/provincia/ciudad-real/la-junta-prosigue-con-el-proceso-de-renovacion-de-las-viviendas-de-discapacitados-del-centro-guadiana-i-de-ciudad-real/

La Junta prosigue con el proceso de renovación de las viviendas de discapacitados del centro "Guadiana I" de Ciudad Real

El Fondo Europeo de Desarrollo Regional ha cofinanciado la reforma de las dos primeras

El Gobierno de Castilla-La Mancha sigue inmerso en el proceso de renovación de las viviendas del Centro de Atención a Personas con Discapacidad "Guadiana I" de Ciudad Real y, tras la reforma de las dos primeras con cofinanciación del FEDER, dispone ya del proyecto para acometer las obras en otras cuatro e instalar dos ascensores.

Las dos viviendas remodeladas son el bajo B y el segundo B del módulo I del centro. Ambas disponen de salón comedor, cocina, cuatro dormitorios dobles, un baño geriátrico y otros dos adaptados con duchas. Además de la reforma integral de espacios, las obras han servido para adaptarlas a los requerimientos de la normativa vigente.



Las reformas llevadas a cabo por la Consejería de Bienestar Social han costado 227.000 euros

In social networks, specifically, on Guadiana Ciudad Real CCSID Mothers and Fathers Association facebook page, a video has been released in which the works carried out are presented:

https://www.facebook.com/262101234 685549/videos/795327667501153/



Reforma de la vivienda bajo B del modulo I del centro C.A.D.I.G Guadiana. Un buen trabajo que asegura el bienestad de nuestros familiales.



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2nd. The performance incorporates innovative elements.

In the center, the "Person Centered Planning" work methodology is applied, that is, "Individual Support Plans" attend in a unique way to each resident support needs. Thus, the center is more than a mere residence where people basic needs are met, but they try to develop their capacities to enhance their integration in the community.

It has technical facilities and appropriate equipment to residents' mobility and environment interpretation limitations, in order to facilitate their autonomous movement within it and their accessibility to all different areas.

3rd. Obtained results adequacy to established objectives.



Works carried out are due to the need to carry out a series of constructive improvements based on residents current needs and workers center experience.

Thus, objectives established and achieved with this action have been:

- Promote personal autonomy capacity for develop daily life, communication and social interaction skills.
- Facilitate and enhance people with intellectual disabilities social relations, as well as improve their participation and inclusion in the community.
- Facilitate adequate facilities to this center users' mobility and environment interpretation limitations, in order to improve their autonomous movement within it and their accessibility to all areas.

4th. Contribution to resolution of a problem or a detected weakness in execution scope.



It is a residential social resource where people with intellectual disabilities live permanently, satisfying their needs for accommodation, coexistence, specialized care, leisure and free time. There is a great demand for this service given the extensive and widespread support that these people need.

In Castilla-La Mancha there are valued 5.998 people with intellectual disabilities, of which 1.663 correspond to Ciudad Real province.

Thanks to center rehabilitation works, it has been possible to open rooms that remained closed due to their poor condition.

5th. Coverage high degree over target population.



Center main objective is, on the one hand, improve significantly life quality for people with intellectual disabilities residing there and, on the other hand, support their families.

In this sense, people who are going to benefit directly from the works that have been carried out in the center, will be both current and future users.

Families are also covered as participants in decision-making on the relevant aspects of each resident's life. Mothers and Fathers Association uses center spaces to hold parents' school meetings, organize occupational workshops exhibitions, musical performances, parties ...

<u>6th. Equal opportunities and non-discrimination horizontal criteria consideration, as well</u> as social responsibility and environmental sustainability.

It is a type of center open to community, conceived as a living space in which a family environment is fostered, capable of generating its users opportunities for personal growth and satisfaction with the environment in which they live, as well as achieving, as far as possible, each one personal challenges.

It is noteworthy that existence of this professional service contributes to improving women position, by means of releasing them from their traditional role as caregiver at home. Beside of this, this service also affects female employment, as majority of workers are women.

From an environmental point of view, materials and construction systems in the execution of the project have been chosen to guarantee hygiene, health and environment protection conditions, reaching sanitation and tightness acceptable conditions inside building and having available means so that the closest environment does not deteriorate, thanks to adequate waste management generated by project foreseen use.

7th. Synergies with other policies or instruments of public intervention.

Castilla-La Mancha Horizon 2020 Social Infrastructure Plan includes a series of Policies, such as carrying out reforms of nursing homes, opening centers that were not used, carrying out minor works and equipment in social centers and launching five new nursing homes, one in each Castilla-La Mancha province. These policies objectives are in the first of these policies, to improve the social welfare of our elders, the second of the policies, to supports workers who day by day dedicate their effort to care for, protect and rehabilitate the most needy people in our society, the third policy reinforces a people-centered care model and the fourth policy promotes infrastructures both for people who live at home and attend, for example, senior centers, occupational centers or Early Care centers, such as for people who need to move to a residential center.







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